

Speaker Profiles

Prof. Luke O'Neill

Professor of Biochemistry, The School of Biochemistry and Immunology at Trinity College Dublin.

Luke O'Neill is an immunologist who leads a 14 strong team of scientists in Trinity College Dublin researching in the molecular basis of inflammation and inflammatory diseases. He obtained a PhD from the University of London in 1988. Luke has a passion for sharing scientific information with the general public, which became particularly significant during the Covid19 pandemic when his work with Newstalk was shared with millions of people in Ireland and abroad. He has published 4 best-selling popular science books, including 'Never Mind the B*ll*cks, Here's the Science' and his Covid19 diaries 'Keep Calm and Trust the Science - a Remarkable Year in the Life of an Immunologist'.

Dr. John Wynn-Jones

John Wynn-Jones spent over 30 years as a full time rural dispensing GP in Mid-Wales. He established the first Institute of Rural Health in the UK and is a senior Lecturer in Global & Rural Health at Keele Medical School and a visiting professor at the Institute of International Rural Health at Lincoln University. As chair of the rural section of the World Organisation of Family Doctors (WONCA) he has travelled extensively learning about rural health care in all its forms around the world.

Prof. Abraham Verghese, MD, FRCP(Edin)

Abraham is board certified in infectious diseases and pulmonary medicine and has published extensively in the medical literature. He also holds a Master of Fine Arts from the Iowa Writers' Workshop. His first book, My Own Country was a finalist for the National Book Critics Circle Award; a selection of the Book of the Month and the Quality Paperback Clubs and was made into a movie by Mira Nair. The Tennis Partner: A Doctor's Story of Friendship and Loss was picked as a notable book in 1998 by the New York Times Book Review. His most recent novel, Cutting for Stone, spent 107

weeks on the New York Times Bestseller List and was translated into many languages and optioned for film. President Obama awarded him the National Humanities Medal at the White House in 2016. He is the recipient of several honorary degrees (including from RCSI Dublin). He is Vice Chair of the Department of Medicine at the Stanford University School of Medicine where he holds the Linda R. Meier and Joan F. Lane Provostial Chair. He is a highly prized speaker and commentator, and cohosts the Medscape Podcast, Medicine and the Machine with Eric Topol.

Dr. Diarmuid Quinlan, Medical Director, ICGP

Diarmuid is passionate about quality improvement and patient safety. He is a partner at Woodview Family Doctors, Glanmire, Cork. He is currently Medical Director of the ICGP and was ICGP-HSE Clinical Lead for Diabetes prior to this.

He graduated from UCC Medical School and undertook specialist GP Training in Royal Tunbridge Wells. He then worked in Australia, before returning to Ireland. He was a longstanding member of the MPS Clinical Risk Management and Education team. He was awarded FRCGP in 2015 and current chair & provost of the RCGP Ireland faculty. He was conferred with a master's in medical law & ethics in Edinburgh University in 2018.

Dr. Gerry Mansfield

Gerry Mansfield completed his specialist training in general practice with the Eastern Regional scheme in 2003. He has been a valuable team member in Sheehan Medical practice in Dun Laoghaire since then. Gerry has been involved in post graduate general practice training both as an assistant programme director (2004-2010) and subsequently the ICGP National Director of Specialist Training in General Practice (2010-2016). His area of research interest has been career planning and intentions of GP trainees and recent graduates of GP specialist training. Gerry enjoys occupational health medicine as a special interest.

Dr. Mark Rowe

Dr. Mark Rowe has been a practising family physician for over 25 years.

He is a founder & practicing doctor at the RoweCreavin Medical Practice & 'BeWell Clinic.'

In 2009 Mark founded the Waterford Health Park, by sensitively restoring the Presentation Convent (a protected structure originally designed by the gothic revivalist architect Pugin, of Big Ben fame)

Mark's passion for well-being has led to his being appointed an Honorary Senior Lecturer at the RCSI School of Medicine & Health Sciences for their Diploma in Positive Health.

Mark has written three books to date and his third book 'The VitalityMark' was published by Gill in March 2022 and is a number 1 best seller in Ireland. His TEDx talk titled 'The Doctor of the Future: Prescribing Lifestyle as Medicine' took place in University College Dublin in 2017.

Shane Martin, C.Psychol.Ps.S.I

Shane Martin is a chartered psychologist dedicated to teaching the very best evidence-based self-help psychology to empower people to enhance the quality of their lives.

He has been a keynote speaker at numerous conferences on a range of topics around empowerment, recovery and happiness.

He has worked extensively with health professionals throughout Ireland (north and south) and through their various representative bodies.

Shane is a published poet of three collections and author of the best selling psychology book entitled 'Your Precious Life - How to Live it Well'. His unique mix of psychology, poetry, story-telling and humour has sold out theatre venues throughout the island.

Dr Mait O Faolain

Dr Mait O Faolain is GP Trainer, recent CME Tutor and current GP Committee member of IMO. Mait set up and ran the DCU GP Mass Vaccination Centre in 2021 and the Covid Assessment Hub previously. Mait is a graduate of UCD Medicine, TCD GP Training Scheme and has a Masters in Business Management from Smurfit Business School. He is a board member of the Irish Asthma Society.

Martin Curley

Martin Curley is Director of the Digital Transformation and Open Innovation at the Health Service Executive (HSE), helping enable the digital transformation of Ireland's health service. Most recently Martin was Chief Information Officer (CIO) at the HSE. Prior to joining the HSE Martin was Senior Vice President and group head for Global Digital Practice at Mastercard. Martin has a bachelor's degree in electronic engineering and a master's degree in business studies, both from University College Dublin, Ireland. He received his Ph.D. in information systems from the National University of Ireland, Maynooth.

Our Centric Health Annual Conference is as always aligned with the ICGP CPD recognition criteria for external point allocation.

For further details and registration please link with: www.centrichealthconference.com

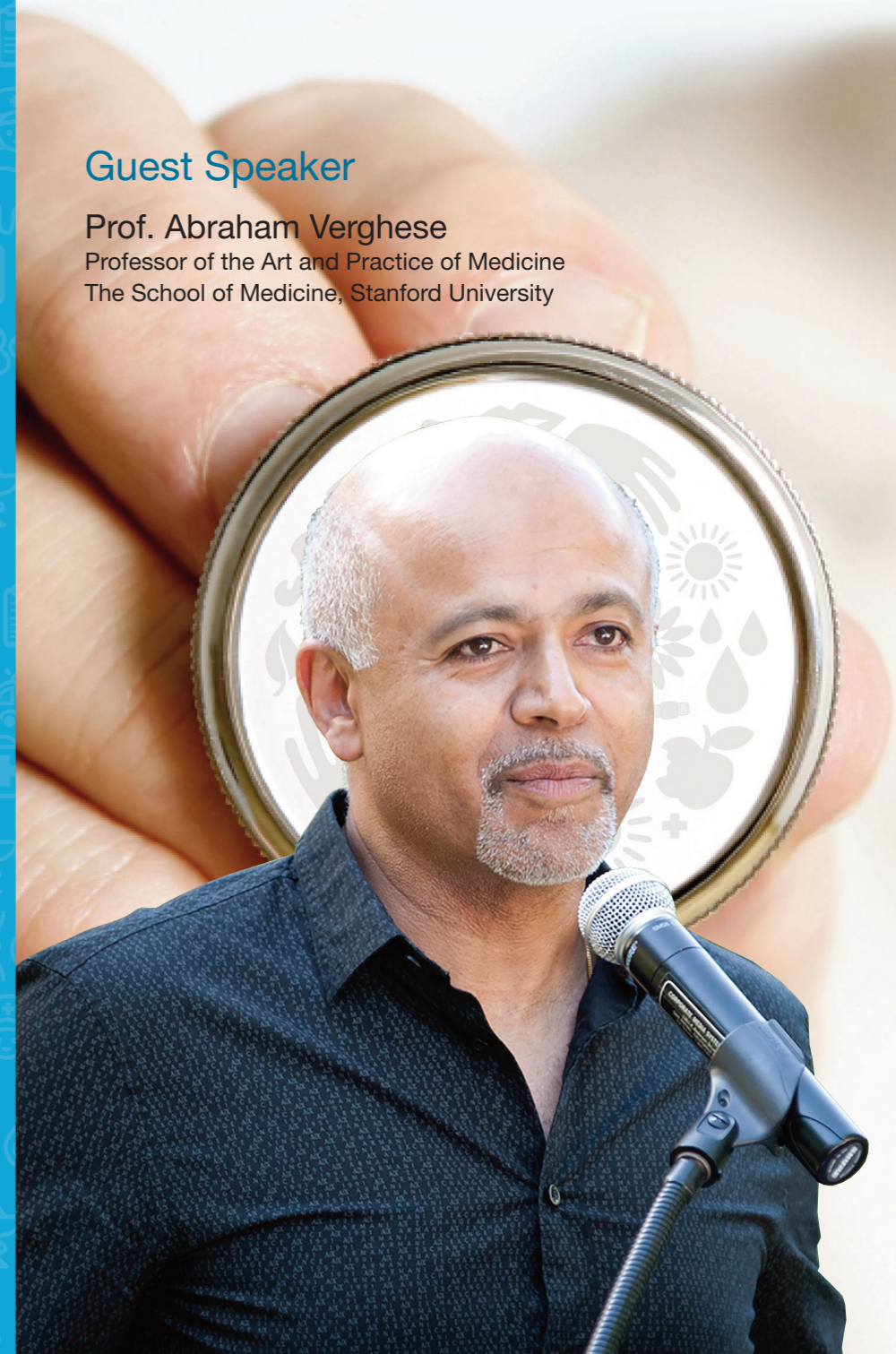


Speaker Profiles



Guest Speaker

Prof. Abraham Verghese
Professor of the Art and Practice of Medicine
The School of Medicine, Stanford University



8th Annual GP and Practice Nursing Conference 2022



Saturday 22nd October 2022
O'Reilly Hall – University College Dublin



Centric Health 8th Annual GP and Practice Nursing Conference – 22nd October 2022, O'Reilly Hall – University College Dublin

Saturday 22nd October 2022

08:30 – 09:15 **WELCOME** by **Dr. Jean Gallagher** – Medical Director, Centric Health
Moss Cox and **Ray Power**

09:15 – 09:55 **SESSION 1 – How science and science communication saved us from the Covid19 pandemic.**

Professor Luke O'Neill, Professor of Biochemistry,
The School of Biochemistry and Immunology at Trinity College Dublin.

We still haven't fully processed what happened to us all during the pandemic. Luke will describe his own experiences, both from the point of view of all the tremendous science that rapidly delivered antigen testing, remarkable vaccines and therapeutics, as well as work in his own lab in Trinity on inflammatory aspects of Covid19. He will also describe how his passion for science communication, which was evident before the pandemic exploded, with an Irish comedian at one point commenting that the only show Luke hadn't been on was The Angelus. Luke will tell us about the highs and lows of that period, from death threats, to receiving many gifts from a grateful public and the ultimate satisfaction of Ireland having one of the highest vaccine uptake rates in the world which in no small part was due to Ireland's GPs. Together we can be proud of how well our country did during the Covid19 pandemic.

09:55 – 10:35 **SESSION 2 – Turning the tide in rural general practice: Stopping the decline by taking a new approach.**

Dr. John Wynn-Jones, Convenor, WONCA Europe Rural Conference, Limerick 2022.

Rural practice has been in decline for a number of years with growing practice vacancies, deteriorating access to care and a reluctance among young health care professionals to leave the comfort of city life. This is the situation in Ireland where it has reached crisis point as it has in other parts of Europe. John was involved in the organisation of the WONCA World Rural Health Conference in Limerick in June 2022 and he will bring together his experiences and the consensus of the WONCA rural health conference to offer a new, refreshing, and exciting proposal for the future of rural healthcare in Ireland.

10:35 – 11:15 **SESSION 3 – High Touch in the era of High Tech – the art of human touch.**

Prof. Abraham Verghese, Professor of the Art and Practice of Medicine,
The School of Medicine, Stanford University.

Modern medicine is in danger of losing a powerful, old-fashioned tool: human touch. Technological advances in medicine have equipped us with powerful tests and data, but these can become a crutch; we neglect the human in front of us and instead treat the "iPatient" on the screen. In this talk, Dr. Verghese argues that it's time to refocus on the doctor-patient relationship and its foundation in the physical exam. A careful physical reveals as much as a battery of expensive tests at a fraction of the cost while also building trust between caregiver and patient. It puts the patient at the center of care and allows the doctor to use her most powerful diagnostic tool: the human hand. It's the ritual that grounds Dr. Verghese's vision of humanistic medicine in the modern age: medicine grounded in caring and the sanctity of the doctor-patient relationship.

11:15 – 11:45 **MORNING REFRESHMENTS**

11:45 – 13:00 **SESSION 4, 5 & 6**

SESSION 4 – Chair – Dr. Paul Carroll – Head of Communication, Centric Health

The Evolution of General Practice in Australia

Dr. Tim Haggett – GP Entrepreneur and Non-Executive Director in Centric Health

SESSION 5 & SESSION 6 – Chair – Dr. Paul Carroll – Head of Communication,
Centric Health

Thought Leadership in Centric Health

SESSION 5 – Academic Clinical Programmes

Ms. Marian Mulcahy – Head of Nursing, Centric Health

Prof. Gerry Bury – Professor of General Practice, U.C.D.

SESSION 6 – Innovation and Digital Transformation

Dr. Donal Bailey – Director of Clinical Innovation, Centric Health

Mr. Martin Curley – Director of Digital Transformation, H.S.E.

13:00 – 14:00 **LUNCH AND PHARMACEUTICAL EXHIBITION**

14:00 – 14:40 **SESSION 7 – Expansion, Innovation and adaptation within the General Practice Clinical Workforce**

Chair – Dr. Gerry Mansfield, GP Partner Sheehan Medical Practice, Centric Health

Dr. Diarmuid Quinlan, GP and Medical Director, I.C.G.P.

Dr. Mait O'Faolain, GP and Member of GP Committee, I.M.O.

Dr. David Hanlon, GP and National Clinical Advisor Primary Care, H.S.E.

Change has occurred within our general practices. The expectations we place upon ourselves, those of our patients' and the requirements of new state contracts, have all increased clinical demand. In this context, preserving the high quality and standards we take pride in will require change. This panel will provide a focus on some realisable solutions to support our clinical teams in general practice. We propose that the answer is to provide opportunities for new members to join our team, resulting in continuity of care and deeper roots in the community.

14:40 – 15:20 **SESSION 8 – Living with Vitality in Turbulent Times**

Dr. Mark Rowe, GP.

'Physician selfcare and wellbeing has never been more important than in the aftermath of the Covid pandemic. Caring has never been more wearing for healthcare professionals stretched to and, in many cases, beyond breaking point. This has occurred against a backdrop of workplaces increasingly challenged by the continuum and complexity of chronic disease, which is why burnout prevention is so important. Join Dr. Mark Rowe as he shares his personal journey and perspectives from surviving burnout to sustainable selfcare. Learn how lifestyle as medicine can support YOU to live with more vitality.'

15:20 – 15:35 **AFTERNOON REFRESHMENTS**

15:35 – 16:15 **SESSION 9 – The Psychology of Renewal**

Mr. Shane Martin

A BRAND NEW SEMINAR FOR THE TIMES WE LIVE IN - GUARANTEED TO GIVE YOUR TEAM A PSYCHOLOGICAL BOOST

The Psychology of Renewal. This pandemic has tested people like nothing we have ever experienced before. Our world has changed forever. Despite the success of vaccination programmes there is a prevailing sense of insecurity affecting many people at a subconscious level. We are internalising worries about variants, new working dynamics and even being physically close to people again. We took so many basic things for granted. In this brand new seminar Shane will explore the psychological consequences of this pandemic and offer pathways to learning from the experience and turning a new page.

16:15 – 17:00 **SESSION 10 – The Pen and the Stethoscope: Connections Between Literature and Medicine**

Prof. Abraham Verghese, Professor of the Art and Practice of Medicine,
The School of Medicine, Stanford University.

Every patient comes with a story. In fact every physician begins by taking a history and that word has the root "story" within it. In this presentation, Abraham relates Aristotelian story structure to medicine; connects elements of story – epiphany and metaphor – to medicine; and reflects on the nature of epiphanies in medicine. He draws on his love of literature, on his experience at the Iowa writers workshop where he obtained a Masters degree, and on his lessons learned while writing three bestsellers, two nonfiction books (My Own Country, The Tennis Partner) and one novel (Cutting for Stone) on the NYT bestseller list for over 100 weeks with another epic novel for publication in 2023.

17:00 – 17:30 **CONFERENCE PROGRAMME FINALE**
Paul Van Der Merwe Annual Awards for Centric Health

19.30 onwards **CENTRIC HEALTH GALA DINNER DANCE**

An exciting dinner celebration with our colleagues and friends from Centric Health at **The Royal Marine Hotel** in **Dun Laoghaire** highlighting **Prof. Luke O'Neill** fronting his renowned band plus much much more!

